

Sports Studies R184 Knowledge organisers

	<u>Key word - Definition</u>	<u>Example</u>
1	List the 12 user groups who participate in sport	<ul style="list-style-type: none"> • Gender • Carers • Ethnic minorities • Family commitments • People who work • Unemployed/ economically disadvantaged people • Families with children • Parents (singles or couples) • Disabled • Young children • Teenagers • Retired or over 60's
2	List the possible barriers which affect participation in sport	<ul style="list-style-type: none"> • Employment and unemployment • Family commitments • Lack of disposable income • Lack of transport • Lack of positive role models • Lack of family support • Lack of appropriate activity provision • Lack of awareness • The lack of equal coverage in media
3	List the possible solutions to the barriers which affect participation in sport. <u>(PPA)</u>	<p>Provision:</p> <ul style="list-style-type: none"> • Appropriate programmes • Times for the different user groups <p>Promotion:</p> <ul style="list-style-type: none"> • Targeted promotion • Role models • Initiatives <p>Access:</p> <ul style="list-style-type: none"> • Transport • Facilities and equipment • Improved access • Appropriate pricing

4	List the positive and negatives impacts on the popularity of sport in the UK. <u>(PAMPERSS)</u>	<ul style="list-style-type: none"> • Participation • Acceptability • Media coverage • Provision • Environment/Climate • Role models • Spectatorship • Success for teams and individuals
5	List 5 emerging sports in the UK	<ul style="list-style-type: none"> • Footgolf • Ultimate frisbee • Padel • Futsal • Handball
6	List the values that can be promoted through sport <u>(INFECTT)</u>	<ul style="list-style-type: none"> • Inclusion • National pride • Fair play • Excellence • Citizenship • Team spirit • Tolerance and respect
7	What is the Olympic creed?	<ul style="list-style-type: none"> • “The most important thing is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered, but to have fought well”. Pierre De Coubertin
8	What are the Olympic values? <u>(REF)</u>	<ul style="list-style-type: none"> • Respect • Excellence • Friendship
9	What are the Paralympic values? <u>(DICE)</u>	<ul style="list-style-type: none"> • Determination • Inspiration • Courage • Equality
10	List 3 sporting initiatives	<ul style="list-style-type: none"> • This Girl can (Sport England) • Sports relief • We only do positive (FA)
11	Give examples of sportsmanship and good sporting etiquette	<ul style="list-style-type: none"> • Helping an opponent back on their feet • Clapping the other teams goal • Treating opponents and referee with respect • Shaking hands

		<ul style="list-style-type: none"> • Kicking ball out of play during an injury
12	Give examples of gamesmanship	<ul style="list-style-type: none"> • Time wasting • Diving • Pretending to be injured • Intimidation
13	Give examples of bad spectator etiquette	<ul style="list-style-type: none"> • Booing national anthem • Shouting abuse at the referee • Shouting during serves and rallies • Invading the pitch
14	Who has been caught taking Performance enhancing drugs?	<ul style="list-style-type: none"> • Lance Armstrong (cyclist) – blood doping • Dwain Chambers (athlete) – steroids • CJ Ujah (relay runner) - 2 banned substances
15	What are the 4 testing methods?	<ul style="list-style-type: none"> • Blood • Hair • Urine • Nail
16	What are the negatives during hosting a major sporting event?	<ul style="list-style-type: none"> • An increase in transport, litter and noise • Increase in terrorism and crime • Poor performance by home nation • Lack of investment in regional areas not involved in event • Negative media coverage
17	What are the positives after hosting a major sporting event?	<ul style="list-style-type: none"> • New sporting facilities • Increase in the sports' participation • Improved transport and social infrastructure • Raising of the city's status • Increase in future financial investment
18	What are the negatives after hosting a major sporting event?	<ul style="list-style-type: none"> • Cost more to host than profit made • Sports facilities unused after the event • Bad reputation if poorly run